

Introduction



Chris Charlton, founder and managing director of Namaste, sets off on an amazing 3-4 year global adventure in a state of the art expedition vehicle

Started on 5 April 2004, and led by Chris Charlton (33), the Namaste Global Expedition is a 3.5 year, 200,000km adventure that will traverse all seven continents, 5 of which will be overland in a state of the art customised expedition vehicle.

Travelling through over 110 countries, the expedition will encompass an amazing range of cultures, landscapes and challenges, one of which is to climb the highest mountain in each continent, starting with Denali in Alaska and finishing with Everest.



In addition to a number of consultancy and training assignments on route, Chris will be providing individually tailored adventure travel holidays for individuals and groups (of up to 3 people) in any country on the expedition route, allowing anyone to share in this extraordinary expedition experience.

The expedition also aims to raise awareness of a number of local & international development and conservation issues through direct community interaction whilst on expedition and through all expedition media.

The expedition represents the fulfilment of Chris' long-held personal dream to drive around the world, climb the seven summits, and make a difference along the way. Throughout the expedition, Chris will be writing and producing a number of Namaste books and films, including the "Namaste World Of" series.



During the expedition's first leg, Chris will be travelling through North America from April to August 2004, with 5 key stages:

April 2004 – Travelling right across Canada from Halifax to Alaska.

May 2004 – Touring south and west Alaska, then climbing Mt McKinley.

June 2004 – Heading south through Canada's British Columbia

July 2004 – Exploring the mountain states of North Western USA

August 2004 – Exploring the California coast, Arizona, then into Baja, Mexico

WORLD MAP - Route & Time Outline



Notes to Travellers:

Further information about the Namaste Global Expedition, including rough timings for the route shown opposite, can be found at www.namaste.co.uk. Other useful documents to read if you are considering joining the expedition include:

1. **How to join the expedition**, which outlines how you can join, the costs involved, logistical information and what you will need to bring with you..
2. **The expedition vehicle**, which details all the facilities available
3. **The expedition guide**, which tells you more about Chris Charlton, who will be your travel companion and guide, if required
4. **Monthly newsletters**, available on the website News page, tell you what the expedition has been up to month by month. You can also find out how to enter the **competition** to win £1,000 to spend...
5. **Expedition reports** from the mountain sections at www.namaste.co.uk/7-summits